

Other things to know:

- If you are **pregnant** please **tell us**



- Other **children are not allowed** into the x-ray room therefore they will need to sit outside with another adult



- We may wish to contact other professionals involved in your child's care. **Please let us know if there is somebody you do/do not want us to contact.**

**Patient Advice and Liaison Service (PALS)**

Please contact us if you need general information or advice about Trust services.

www.bartshealth.nhs.uk/pals

Large print and other languages

For this leaflet in large print, please speak to your clinical team.

For help interpreting this leaflet in other languages, please ring 020 8223 8934.

Macluumaadkan waxaa lagu heli karaa qaabab kale, sida akhriska fudud ama daabacaadda wayn, oo waxaa lagu heli karaa luqaddo kale, marka la codsado. Fadlan la xidhiidh 02082238934.

এই তথ্য বিকল্প ফরম্যাটে, যেমন সহজে পড়া যায় অথবা ডিউবিলিটি প্রিং আপনার অনুটরাটে বিকল্প ভাষায় পাওয়া যেতে পারে। অনুগ্রহপূর্বক যোগাযোগ করুন 02082238934।

اس معلومات کو متبادل شکل، جیسے، پڑھنے میں آسان یا بڑے حروف، میں دستیاب کرایا جا سکتا ہے، اور درخواست کرنے پر اسے متبادل زبان میں بھی دستیاب کرایا جا سکتا ہے۔ براہ مہربانی 02082238934 پر رابطہ کریں۔

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All our patient information leaflets are reviewed every three years.

Patient information

Children's Speech & Language Therapy

Videofluoroscopy

(moving x-ray of swallowing)

Royal London Children's Hospital
Lift Core 9, Level 1
Children's X-ray Department

Tel: 020 3594 1534



Why does my child need a Videofluoroscopy (VFSS)?

Your **Speech and Language Therapist (SLT)** has referred you to our service as they need **detailed information** about your child's **swallowing**.

A VFSS is a **moving x-ray** of the mouth and throat while your child is **drinking and/or eating**.

It may show **if food or drink is going the wrong way** into the lungs (aspiration).

What do you need to bring?

- Your child's **food & drink**
- Your child's own **bottle, beaker, spoon, bowl**
- Their **specialist seating**



What to wear?

- Your child can wear their **normal clothes** but **NO metal poppers or zips on tops**.



Who will be in the x-ray room?

- You & your child + 1 adult
- 2 SLT's
- Radiographer
- Your child's Community SLT

What will happen?

- Your child will **sit in their own or x-ray chair** in front of an x-ray machine
- **You can sit opposite and feed them** but you cannot hold them



- A **barium** powder or liquid is **mixed** with your child's **drink and/or food** so that it **shows up** on the **moving x-ray**
- We then ask your child to eat and drink while the **x-ray machine takes moving video clips**
- We may suggest **strategies** such as changing the **thickness of drinks or flow of teat** while feeding to see if this improves **safety or efficiency**
- The **whole appointment** will last **45 minutes**

What happens next?

On the day;

- We may **show and explain** some of the **video clips** *or*
- Offer another **appointment** *or*
- We may **discuss ideas** to help **eating and drinking safety**



What happens after that?

- You can go **home** after we take the video clips
- We will **analyse** the clips in **detail**
- We will write a **detailed report**
- We will **send the report to you** and those involved in your care **within 2 weeks**



Then what happens?

We may offer;

- **More** appointments or therapy *or*
- Further **investigations** *or*
- **Refer** you to your Local service